



# PATIENT HEALTH QUESTIONNAIRE

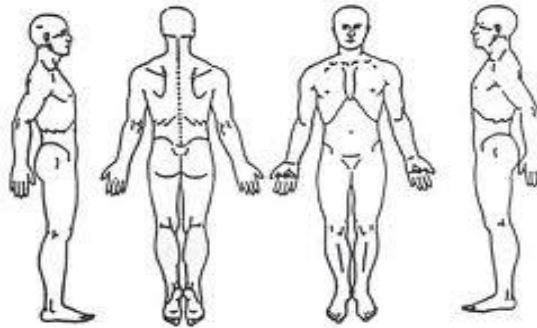
NAME: \_\_\_\_\_ DATE \_\_\_\_\_

1. Please Describe your Current Complaint or Limitation: \_\_\_\_\_

2. What is your goal for physical therapy: \_\_\_\_\_

a. Please describe the nature of your pain (check all that apply):

- Sharp Pain  Dull (Pain) Ache  Throbbing  Numbness  Shooting  Burning  Tingling
- Constant (76-100%)  Frequent (51-75%)  Occasional (26-50%)  Intermittent (25% or less)



MARK ON THIS PICTURE WHERE YOU HAVE PAIN OR OTHER SYMPTOMS

b. Indicate the intensity of your pain at rest: No Pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable Pain

Indicate the intensity of your pain with movement: No Pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable Pain

c. What movement causes the pain to increase: \_\_\_\_\_

d. Since the condition began your symptoms have:  decreased  not changed  increased

e. Your symptoms are worse in:  morning  afternoon  night  increased during the day  same all day

3. When did your problem begin: \_\_\_\_\_ days ago \_\_\_\_\_ months ago \_\_\_\_\_ years ago Date(if possible) \_\_\_\_\_

Describe how your problem began: \_\_\_\_\_

Did you have surgery?  Yes or  No Date of Surgery: \_\_\_\_\_

4. In the past have you been treated for the same problem?  Yes or  No

If yes, who have you seen for that condition?  MD  Physical Therapist  Occupational Therapist  Chiropractor  Other \_\_\_\_\_

When and what treatment did you receive? \_\_\_\_\_

5. What makes your problem better?  Nothing  Lying down  Standing  Sitting  Movement/Exercise  Inactivity

6. What makes your problem worse?  Nothing  Lying down  Standing  Sitting  Movement/Exercise  Inactivity

7. Occupation \_\_\_\_\_ FT or PT Has your work status changed because of this condition?  Yes  No

8. What is your current work status?  FT, no restrictions  PT, no restrictions  Unemployed  Off work due to restrictions  
 FT, with restrictions  PT, with restrictions  FT Student  FT Homemaker  Retired

Present Weight: \_\_\_\_\_

Height: \_\_\_\_\_ feet \_\_\_\_\_ inches

PLEASE TURN OVER

If you have ever had a listed condition in the past, please check in the PAST column. If you are presently troubled by a particular condition, check in the PRESENT column. The information you provide concerning past and present conditions and diseases assists your therapist in more thoroughly understanding your state of health.

PAST	PRESENT	
___	___	High Blood Pressure (401.9)
___	___	Angina (413.9)
___	___	Heart Attack (410.9)
___	___	Stroke (436)
___	___	Asthma (493.9)
___	___	HIV/AIDS (042)
___	___	Cancer (199.1)      Location: _____      Date: _____
___	___	Tumor (229.9)
___	___	Systemic Lupus (710.0)
___	___	Hepatitis (573.3)
___	___	Epilepsy (349.5)
___	___	Diabetes (250.0)
___	___	Rheumatoid Arthritis (714.0)
___	___	Pregnancy
___	___	Other _____
___	___	Tobacco (305.1)      #packs/day _____
___	___	Drug or Alcohol Dependence (303.9)
___	___	Coffee/Tea/Caffeine drinks: Cups/cans per day _____

**FAMILY HISTORY**

Please check if any blood relative has had the following:

___ Obesity	relation _____	___ Arthritis	relation _____
___ Diabetes	relation _____	___ Heart Disease	relation _____
___ High Blood Pressure	relation _____	___ Stroke	relation _____
___ Cancer	relation _____	___ Tuberculosis	relation _____
___ Kidney Disease	relation _____	___ Other	relation _____

Please list all **medications/prescriptions** currently taking: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please list all **allergies**: \_\_\_\_\_  
 \_\_\_\_\_

**HOSPITALIZATIONS/SURGERIES**

Month/Year	Hospital	Reason for hospitalization

I certify that the above information is correct to the best of my knowledge. I will not hold SPAGNOLI PHYSICAL THERAPY responsible for any errors or omissions that I may have made in the completion of this form.

Signature	Date
Reviewed by (PT)	Date